

BONUS #01

★ HEY SAINT SUPERHERO! HOW TO USE YOUR VIRTUE CHART ★

WELCOME TO YOUR SAINT SUPERHERO TRAINING! 🦸♂️ 🦸♀️ ✨

THIS CHART IS YOURS! WRITE YOUR NAME AND THE WEEK AT THE TOP,
THEN HANG IT ON YOUR BEDROOM WALL SO YOU CAN SEE YOUR SAINT MISSIONS EVERY DAY. 📅



CHOOSE TODAY'S VIRTUE. ★

PICK ONE PATH FOR THE DAY:

KINDNESS & MERCY, COURAGE & TRUST, FRIENDSHIP WITH JESUS,
SERVING THE POOR & THE CHURCH, OR JOY, HOPE & MISSION.
THAT'S YOUR SUPER POWER FOR TODAY! ⚡

DO ONE SMALL MISSION. 🎯

ALL DAY, TRY ONE LITTLE ACT OF LOVE:
SAY SOMETHING KIND, BE BRAVE AND HONEST, PRAY TO JESUS,
HELP SOMEONE, OR BRING JOY TO A FRIEND. ❤️

COLOR A HEART.

AT BEDTIME, IF YOU LIVED THAT VIRTUE, 
COLOR ONE HEART WITH WINGS (OR ADD A STICKER). 🖍️

SEE YOUR WEEK OF LOVE. 😊

AT THE END OF THE WEEK, LOOK AT ALL THE HEARTS—
EACH ONE SHOWS A MOMENT YOU LOVED LIKE A SAINT! 💖



WANT TO SHARE YOUR PROGRESS?
SCAN THIS QR CODE TO VISIT THE BOOK PAGE.
THIS IS COMPLETELY OPTIONAL.



BEDTIME STORIES OF CATHOLIC SAINTS VIRTUE CHART

NAME _____

WEEK FROM _____

TO _____

KINDNESS & MERCY



COURAGE & TRUST



FRIENDSHIP WITH JESUS



SERVING THE POOR & THE
CHURCH



JOY, HOPE & MISSION

